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## Obstetrics

# Outcomes of subsequent pregnancies following Zika virus infection: A comparative case series

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**TABLE 1** Clinical, laboratory, and neuroimaging findings in fetuses/newborn infants with congenital Zika syndrome and in the subsequent pregnancy in eight women followed up at IPESQ, Campina Grande, Paraíba, Brazil.

Case	Mother's Age	Zika symptoms	1 <sup>st</sup> /5 <sup>th</sup> min Apgar	Gestational age (weeks)	Weight <sup>a</sup> g/ (Z-score <sup>e</sup> )	Length <sup>b</sup> cm/ (Z-score <sup>e</sup> )	HC <sup>c</sup> cm/ (Z-score <sup>e</sup> )	Microcephaly	Neuroimaging findings <sup>d</sup>	qPCR ZIKV	IgM Mother and newborn	IgG Mother and newborn	Condition at hospital discharge	Denver II	Type of delivery	Interval between pregnancies
<b>#1</b>																
1st Pregnancy	28	Yes (10 wk)	9/10	39	2,970/ (-0.4)	47.5/ (-0.7)	31.5/ (-1.7)	No	Moderate reduction in brain parenchyma, lissencephaly, subcortical and basal ganglia calcifications, ventriculomegaly, corpus callosum dysgenesis, hypoplastic cerebellum, hypoplastic and segmented brain stem	Mother: Negative Cord blood and placenta: Positive	Not tested	Not tested	Alive	Abnormal	Vaginal Birth	12 mo
2nd Pregnancy	29	No	9/9	38	3,400/ (-0.8)	47/ (-0.9)	35.5/ (1.6)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Vaginal Birth	
<b>#2</b>																
1st Pregnancy	22	Yes (8 wk)	9/9	38	2,780/ (-0.5)	50/ (1.2)	31/ (-1.8)	No	Moderate reduction in brain parenchyma, lissencephaly, subcortical calcifications, ventriculomegaly, corpus callosum dysgenesis	Mother: Negative Cord blood: Positive	Not tested	Not tested	Alive	Abnormal	Vaginal Birth	14 mo
2nd Pregnancy	23	No	9/9	38	3,620/ (1.5)	50/ (1.2)	35/ (1.7)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Cesarean	
<b>#3</b>																
1st Pregnancy	17	No	8/9	41	3,050/ (-1.2)	47/ (-2.1)	30/ (-3.8)	Yes	Mild reduction in brain parenchyma, gyral simplification, subcortical calcifications	Mother: Negative Cord blood: Positive	Not tested	Not tested	Alive	Abnormal	Cesarean	14 mo

(continued)

Case	Mother's Age	Zika symptoms	1 <sup>st</sup> /5 <sup>th</sup> min Apgar	Gestational age (weeks)	Weight <sup>a</sup> g/ (Z-score <sup>e</sup> )	Length <sup>b</sup> cm/ (Z-score <sup>e</sup> )	HC <sup>c</sup> cm/ (Z-score <sup>e</sup> )	Microcephaly	Neuroimaging findings <sup>d</sup>	qPCR ZIKV	IgM Mother and newborn	IgG Mother and newborn	Condition at hospital discharge	Denver II	Type of delivery	Interval between pregnancies
2nd Pregnancy	18	No	9/9	39	3,260/ (0.1)	50/ (0.4)	34/ (0.1)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Cesarean	
#4 1st Pregnancy	22	Yes (18 wk)	3/3	41	2,770/ (-1.9)	49/ (-1.0)	36.5/ (1.6)	No	Severe reduction of the brain parenchyma, subcortical calcifications, severe ventriculomegaly, agenesis of the corpus callosum, thalamus not visualized, severe hypoplastic cerebellum, hypoplastic and non-segmented brain stem.	Mother: Negative Amniotic fluid: Positive	Not tested	Not tested	Dead (Respiratory failure)	Not evaluated	Cesarean	16 mo
2nd Pregnancy	23	No	9/9	41	3,780/ (0.6)	51/ (0.3)	36/ (1.1)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Cesarean	
#5 1st Pregnancy	22	Yes (20 wk)	8/9	39	2,555/ (-1.5)	46/ (-1.6)	31/ (-2.1)	Yes	Moderate reduction in brain parenchyma, lissencephaly, subcortical calcifications, ventriculomegaly, corpus callosum dysgenesis	Mother: Negative Cord blood: Positive	Not tested	Not tested	Alive	Abnormal	Vaginal Birth	16 mo
2nd Pregnancy	24	No	9/9-8/9	37	2,460/ (-1.1) 1,960/ (-2.3)	45/ (-1.6) 43/ (-2.5)	33.5/ (0.4) 31/ (-1.6)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Vaginal Birth	

(continued)

Case	Mother's Age	Zika symptoms	1 <sup>st</sup> /5 <sup>th</sup> min Apgar	Gestational age (weeks)	Weight <sup>a</sup> g/ (Z-score <sup>e</sup> )	Length <sup>b</sup> cm/ (Z-score <sup>e</sup> )	HC <sup>c</sup> cm/ (Z-score <sup>e</sup> )	Microcephaly	Neuroimaging findings <sup>d</sup>	qPCR ZIKV	IgM Mother and newborn	IgG Mother and newborn	Condition at hospital discharge	Denver II	Type of delivery	Interval between pregnancies
<b>#6</b>																
1st Pregnancy	20	Yes (8 wk)	9/10	38	2,100/ (-2.3)	38/ (-4.6)	27/ (-4.4)	Yes	Severe reduction in brain parenchyma, lissencephaly, subcortical and basal ganglia calcifications, ventriculomegaly, corpus callosum dysgenesis	Mother: Negative Cord blood: Positive	Not tested	Not tested	Alive	Abnormal	Cesarean	18 mo
2nd Pregnancy	22	No	9/9	38	2,800/ (-0.7)	48/ (-0.4)	33/ (-0.4)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Vaginal Birth	
<b>#7</b>																
1st Pregnancy	30	Yes (10 wk)	8/9	39	2,750/ (-1.0)	46.5/ (-1.3)	29/ (-3.6)	Yes	Moderate reduction in brain parenchyma, lissencephaly, subcortical calcifications, ventriculomegaly, corpus callosum dysgenesis	Mother: Negative Placenta: Positive	Not tested	Not tested	Alive	Abnormal	Cesarean	19 mo
2nd Pregnancy	32	No	9/9	40	3,445/ (-0.5)	49/ (-0.2)	33.1/ (0.60)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Cesarean	
<b>#8</b>																
1st Pregnancy	37	Yes (12 wk)	8/9	39	3,188/ (-0.1)	46/ (-1.9)	34/ (0.1)	No	Mild reduction in brain parenchyma, gyral simplification, subcortical calcifications	Mother: Negative Cord blood: Positive	Not tested	Not tested	Alive	Abnormal	Cesarean	22 mo
2nd Pregnancy	39	No	8/9	39	3,470/ (0.6)	50/ (0.4)	36/ (1.7)	No	Normal	Mother and newborn: Negative	Mother and newborn: Negative	Mother and newborn: Positive	Alive	Normal	Cesarean	

<sup>a</sup>Birthweight (g).

<sup>b</sup>Birth length (cm).

<sup>c</sup>Head circumference at birth (cm).

<sup>d</sup>Obstetric ultrasonography, fetal and neonatal magnetic resonance and neonatal computed tomography.

<sup>e</sup>Intergrowth-21.

Recent research into congenital Zika syndrome (CZS) has focused on further characterizing microcephaly, central nervous system (CNS) abnormalities, arthrogryposis, hearing loss, ophthalmological and digestive abnormalities, seizures, delayed motor/cognitive development,<sup>1,2</sup> and possible viral persistence.<sup>3,4</sup> Nevertheless, the risk to a second pregnancy in women who delivered an infant with CZS remains unknown.

This prospective case series, conducted at a specialist center for children with CZS in Campina Grande, Paraíba, Brazil, describes and compares data from eight women infected by Zika virus (ZIKV) whose children were born with CZS and who subsequently conceived and delivered a second child. Variables from the two groups of pregnancies were evaluated: maternal age, symptoms of ZIKV infection, first/fifth minute Apgar scores, gestational age, weight, length, head circumference (HC) and microcephaly at birth, type of delivery, neuroimaging findings, laboratory diagnosis of ZIKV, the infant's status at discharge (alive/dead), and neurological evaluation (Denver II). This study was approved by the Alcides Carneiro Hospital Ethics Committee and all patients signed an informed consent form.

Mean interpregnancy interval was 16 months (range 12–22 months). Table 1 summarizes the clinical, imaging, and laboratory data. HC ( $P=0.02$ ), birthweight ( $P=0.02$ ), and microcephaly at birth ( $P=0.03$ ) differed significantly between the two sets of pregnancies (Student's *t*-test).

The virus appears to persist for a mean of 14 days in blood and 34 days in semen; nonetheless, this window could reach 80 and 125 days, respectively.<sup>2,3</sup> ZIKV displays tropism for the CNS<sup>4</sup>; however, how long it can remain in the CNS or eyes is unknown.

A 2018 study described a child with CZS who died aged 5 months. Of the organs evaluated at autopsy, ZIKV was detected in the brain, indicating viral persistence.<sup>4</sup> However, since viral persistence has been found only in the brain and not in the other fluids or tissues of individuals with CZS, these findings cannot be extrapolated to individuals with an acute ZIKV infection. A search of the PubMed, Scopus and Lilacs/SciELO databases yielded no publications on the risk to a fetus conceived soon after the delivery of an affected sibling.

In this case series, neither microcephaly nor brain abnormalities were found in children born from a pregnancy subsequent to one in which the mother was exposed to ZIKV and delivered a child with CZS. Since the sample size in this case series was small, a larger cohort

study is required to establish the safety of a subsequent pregnancy following ZIKV infection.

## AUTHOR CONTRIBUTIONS

AM, PSOS, AT, FTM and MMRA designed and planned the study. AM, PSOS, GM, FOM, LCQMC, FTM and RSA carried out the study. AM, GM, JST, GLG, FTM, RSA and MMRA analyzed the data. AM, PSOS, JST, FOM, GLG, AT, FTM, RSA and MMRA contributed to writing the manuscript. All authors approved the final version of the manuscript and agree to be accountable for all aspects of the work.

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## CONFLICTS OF INTEREST

The authors have no conflicts of interest.

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